

WHO WE ARE

Ardennes is a modern, one-stop health screening and radiology centre located at Paya Lebar Square. A member of Livingstone Health, Ardennes is connected to a strong and trusted specialist network should you need further care.

As patients once before, we at Ardennes understand exactly what you want, and how you want it. Seamless appointment bookings, quick turnaround times and personalised individual care are par for our course.

Ardennes Health. Walking with you for life.

OUR CENTRE

We work with only our network of trusted partners to bring you reliable healthcare. Only trusted brands with a proven track record are used in our centre.

Harnessing the latest technologies in the healthcare and radiological industry, we offer the following services:

- Health Screening
- Ultrasound Tests
- X-ray Tests

OUR STANDARD HEALTH SCREENING PACKAGES (Prices inclusive of GST)

| OUR STANDARD HEALTH SCREENING FACRAGES (Finces inclusive of dail) | | | | | | |
|---|----------------|------------------|---------------|---------------------------------|---------------------------|----------------------------------|
| Profile | Basic \$199 | Premier \$399 | Gold \$699 | Platinum \$899 (M)/\$999 (F) | Royal King \$1,888 | Hematology — Full Blood (|
| Hematology | , · | | ' | | | Lipids Profile — Total Chole |
| Full Blood Count, Peripheral Blood Film, ESR | • | • | • | • | • | Diabetic Profile — HbA1c, |
| Blood Group (ABO) Anemia Screen (Vitamin B12/folate), Iron/TIBC, | | • | • | • | • | Renal Profile — Urea, Crea |
| Thalassaemia Screen | | | | | | Liver Profile — Albumin, Bil |
| Lipids Profile Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP | • | • | • | • | | Hepatitis Profile — Hepatit |
| | | | | | • | Urine / Stool Screening - |
| Diabetic Profile • HbA1c, Fasting Blood Glucose | | | | | | Bone and Joint Profile — |
| • | | _ | | • | • | Thyroid Profile — T3, T4, T5 |
| Renal Profile • Urea, Creatinine, Sodium, Potassium, Chloride | | | • | • | • | Tumor Markers — CEA, AF |
| | | | | | | Cardiac Risk Profile — Hor |
| Liver Profile Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP | • | • | • | • | • | Cardiac Investigations — |
| Hepatitis Profile | | | | | | |
| • Hepatitis A IgG Antibody, Hepatitis B Antigen, Hepatitis B Antibody | • | • | • | • | • | |
| Hepatitis C Antibody | | | • | • | • | Hematology — Full Blood (|
| STD Screen | | | | | | Diabetic Profile — Fasting I |
| VDRL, HIV Antibody | | | • | • | • | Thalassemia Screen — Hb |
| Bone and Joint Profile Rheumatoid Factor, Uric Acid, Calcium, Phosphate | | • | • | • | • | Hepatitis Profile — Hepatit |
| | | | | | | STD Screen — VDRL, HIV A |
| Thyroid Profile T3, T4, TSH | | • | • | • | • | GC PCR (male – urine, femo |
| Tumor Markers | | | | | | Thyroid Profile — T4, TSH |
| CEA, AFP, PSA (males) or CA125 (females) EBV EA, BHCG, CA15.3, CA19.9 | | • | • • • | • | Semen Analysis | |
| | | | | • | • | Urine Analysis — Urine FE |
| Hormonal / Autoimmune Profile | | | | | Imaging — Ultrasound Pelv | |
| Estradiol, Testosterone, Vitamin D, ANA, dsDNA, C3, C4 FSH, LH, Prolactin, H pylori Antibody, SHBG | | | | • | • | |
| Cardiac Risk Profile | | | | | | |
| Homocysteine, Apo A1, Apo B, Apo A1/B Ratio | | | | | • | Hematology — Full Blood (|
| Urine / Stool Screening | | | | | | Anemia Screen — Vitamin |
| UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test Stool FEME | • | • | • | • | • | Lipids Profile — Total Chole |
| | | | | | • | Diabetic Profile — HbA1c, |
| Radiology and Other Investigations • ECG (resting) | | | | | | Renal Profile — Urea, Crea |
| Chest X ray, Tonometry | | • | • | | • | Liver Profile — Albumin, Bil |
| One Ultrasound of choice Ultrasound of choice | | | • | • | | Hepatitis Profile — Hepatit |
| 4 Ultrasound of choice (or option of 2 Ultrasounds of your choice + TMX*) PAP smear (thin prep) – for ladies | | | | | • | Urine / Stool Screening – |
| | | | | • | • | Bone and Joint Profile — |
| HPV DNA PCR | | | | • | • | Hormonal Analysis — FSH |
| Urea Breath Test Spirometry | | | • | • | • | Thyroid Profile — T3, T4, T5 |
| | | | | | | |

All screening packages include:

- 1. History taking and physical examination by doctor.
- 2. Parameter check including blood pressure, in-body assessment, visual acuity assessment.
- 3. Post screening review inclusive of verbal recommendations and specilist review (if required). Medications / treatment not included.

CARDIOLOGY SCREENING PACKAGE

Hematology — Full Blood Count, Peripheral Blood Film, ESR, Blood Group (ABO)

.ipids Profile — Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP

Diabetic Profile — HbA1c, Fasting Blood Glucose

Renal Profile — Urea, Creatinine, Sodium, Potassium, Chloride

Liver Profile — Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP

Hepatitis Profile – Hepatitis A IgG Antibody, Hepatitis B Antigen, Hepatitis B Antibody

Urine / Stool Screening — UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test

Bone and Joint Profile — Rheumatoid Factor, Uric Acid, Calcium, Phosphate

Thyroid Profile — T3, T4, TSH

Tumor Markers — CEA, AFP, PSA (males) or CA125 (females)

Cardiac Risk Profile — Homocysteine, Apo A1, Apo B, Apo A1/B Ratio

Cardiac Investigations — ECG (resting), TMX*, 2DE*, CT Angiogram*

PRRE-MARITAL SCREENING PACKAGE \$358 (one pax) | \$699 (couple)

Hematology — Full Blood Count, Peripheral Blood Film, Blood Group (ABO)

Diabetic Profile — Fasting Blood Glucose

Thalassemia Screen — Hb Electrophoresis

Hepatitis Profile — Hepatitis Bs Antigen & Antibody, Hepatitis C Antibody, Rubella IgG Antibody

STD Screen — VDRL, HIV Antibody (Add on Chlamydia/Gonorrhoea screening - \$150) -

GC PCR (male - urine, female - swab)

Jrine Analysis — Urine FEME

Imaging — Ultrasound Pelvis For Female

WELL WOMEN'S HEALTH SCREENING PACKAGE \$638 / \$738 (For those without Mammogram*)

Hematology — Full Blood Count, Peripheral Blood Film, ESR, Blood Group (ABO)

Anemia Screen — Vitamin B12/folate, Iron/TIBC

.ipids Profile — Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP

Diabetic Profile — HbA1c, Fasting Blood Glucose

Renal Profile — Urea, Creatinine, Sodium, Potassium, Chloride

Liver Profile — Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP

Hepatitis Profile — Hepatitis A IgG Antibody, Hepatitis B Antigen, Hepatitis B Antibody

Jrine / Stool Screening — UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test

Bone and Joint Profile — Rheumatoid Factor, Uric Acid, Calcium, Phosphate

Hormonal Analysis — FSH, LH, Prolactin

Tumor Markers — CEA, AFP, CA 125

Histology — PAP Smear, HPV DNA PCR

Imaging — Ultrasound (Breasts & Pelvis), Mammogram (only for aged 40 years old and above)

^{*}Conducted in a seperate location