

Health Screening Packages with Royal Healthcare Pte Ltd



Clinic Address: 101 Irrawaddy Road, Royal Square Medical Centre, Level 7 & 8, Singapore 329565

For appointments and enquiry: **WhatsApp to +65 8181 8671, call 6931 8000 or email askus@royal-healthcare.com**

Operating Hours: Monday to Friday: 8.30am to 6.00pm, Saturday: 8.30am to 1.00pm
Closed on Sunday and public holidays

Standard Executive Health Screening Package - \$400

(Per Person, Price is subject to 9% GST)

Bone & Joint Profile

- Calcium
- Phosphate

Diabetic Profile

- HbA1C
- Glucose (Fasting)

Haematology Profile

- Full Blood Count
- ESR

Hepatitis Profile

- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis A Antibody (HAV)

Liver Profile

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Direct Bilirubin
- Indirect Bilirubin
- Alkaline Phosphatase
- SGOT (AST)
- SGPT (ALT)
- GGT

Lipid Profile

- Total Cholesterol
- Triglycerides
- HDL, LDL Cholesterol
- Chol/HDL Ratio

Renal Function

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- Bicarbonate

Tumour Markers

- AFP (Liver)
- CEA (Colon)
- PSA (Prostate)
- CA125 (Ovaries)

Thyroid Profile

- FT4
- TSH

STD Profile

- Syphilis Ab (VDRL if Syphilis Ab positive)
- TPLA (if VDRL is reactive)
- HIV Antibody

Urine Analysis

- Urine FEME
- Stool Occult Blood

Medical Imaging Test

- Chest Xray (Filmless)
- 12 Lead ECG

Clinical Assessment

- Post Consult with Doctor
- Height
- Weight
- BMI
- Blood Pressure
- Heart Rate
- Oxygen Saturation
- Visual Field Test

Deluxe Executive Health Screening Package - \$600

(Per Person, Price is subject to 9% GST)

Bone & Joint Profile

- Calcium
- Phosphate

Diabetic Profile

- HbA1C
- Glucose (Fasting)

Haematology Profile

- Full Blood Count
- ESR

Hepatitis Profile

- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis A Antibody (HAV)

Liver Profile

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Direct Bilirubin
- Indirect Bilirubin
- Alkaline Phosphatase
- SGOT (AST)
- SGPT (ALT)
- GGT

Lipid Profile

- Total Cholesterol
- Triglycerides
- HDL, LDL Cholesterol
- Chol/HDL Ratio

Renal Function

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride
- Bicarbonate

Thyroid Profile

- FT4
- TSH

Tumour Markers

- AFP (Liver)
- CEA (Colon)
- PSA (Prostate)
- CA125 (Ovaries)

STD Profile

- Syphilis Ab (VDRL if Syphilis Ab positive)
- TPLA (if VDRL is reactive)
- HIV Antibody

Urine Analysis

- Urine FEME
- Stool Occult Blood

Medical Imaging Test

- Chest Xray (Filmless)
- 12 Lead ECG

Choose any 1 of the following

- Ultrasound Abdomen
- Ultrasound Thyroid
- Male: Ultrasound Prostate
- Female: Ultrasound Breast
- Female: Ultrasound Pelvis
- Female: Mammogram
- Treadmill ECG
- Bone Mineral Density Screening (Hip & Spine)

Clinical Assessment

- Post Consult with Doctor
- Height
- Weight
- BMI
- Blood Pressure
- Heart Rate
- Oxygen Saturation
- Visual Field Test

Premium Executive Health Screening Package - \$900

(Per Person, Price is subject to 9% GST)

Anaemia Profile

- Iron
- Ferritin

Bone & Joint Profile

- Calcium
- Phosphate
- Uric Acid

Cardiac Profile

- hs C-Reactive Protein (hsCRP)
- Creatine Kinase

Diabetic Profile

- HbA1C
- Glucose (Fasting)

Haematology Profile

- Full Blood Count
- ESR

Hepatitis Profile

- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis A Antibody (HAV)
- Hepatitis C Antibody (HCV)

Hormonal Screening

- Beta HCG

Liver Profile

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Direct Bilirubin
- Indirect Bilirubin
- Alkaline Phosphatase
- SGOT (AST)
- SGPT (ALT)
- GGT

Lipid Profile

- Total Cholesterol
- Triglycerides
- HDL, LDL Cholesterol
- Chol/HDL Ratio

Renal Function

- Urea
- Creatinine
- Sodium
- Potassium

- Chloride
- Bicarbonate
- eGFR

Thyroid Profile

- FT4
- TSH

Tumour Markers

- AFP (Liver)
- CEA (Colon)
- CA19.9 (Intestinal)
- EBV EA+EBNA-1 IgA AB (Nose)
- Male:
 - PSA (Male)
- Female:
 - CA125 (Female) (Ovaries)
 - CA15.3 (Breasts)

STD Profile

- Syphilis Ab (VDRL if Syphilis Ab positive)
- TPLA (if VDRL is reactive)

Urine Analysis

- Urine FEME
- Urine microalbumin/Creatinine ratio

Medical Imaging Test

- Chest Xray (Filmless)
- 12 Lead ECG

Choose any 2 of the following

- Ultrasound Abdomen
- Ultrasound Thyroid
- Male: Ultrasound Prostate
- Female: Ultrasound Breast
- Female: Ultrasound Pelvis
- Female: Mammogram
- Treadmill ECG
- Bone Mineral Density Screening (Hip & Spine)

Clinical Assessment

- Post Consult with Doctor
- Height
- Weight
- BMI
- Blood Pressure
- Heart Rate
- Oxygen Saturation
- Visual Field Test

PRE-HEALTH SCREENING PREPARATION

WHAT TO BRING:

- Necessary documents (e.g. identification card, passport, company's letter or staff pass) for verification upon registration
- Past medical reports, X-ray films and existing medications (if any)

BEFORE YOUR HEALTH SCREENING APPOINTMENT

1. **10 hours fasting** is required prior to your appointment.
2. Food and beverages are to be abstained during the fast. If thirsty, you may have only sips of plain water to ensure better accuracy for your cholesterol and sugar results.
3. **1 hour** prior to your screening appointment, please drink slightly more plain water so that you will have sufficient urine sample for urine analysis.
4. Containers will be provided for collection of urine specimen on the day of screening.
5. For your comfort and the convenience of medical examinations, we recommend that you wear a two-piece outfit.
6. If you are a diabetic patient, please do not take medicine or insulin on the morning of the scheduled appointment. Regular high blood pressure and / or heart medication can be continued.
7. Please bring your glasses (if any) for distant and near vision tests as we will be testing your vision. Please do not put on your contact lenses on the appointment day.
8. If you are taking the Cardiac Treadmill Stress ECG test, you may bring your own sports attire.
9. Patients with breast implants will incur additional charges for Mammogram. These additional charges apply even if Mammogram is included as part of the screening package. If patients decline to pay the additional charge, the Mammogram will not be conducted, and no refund will be given.
10. The entire screening will be completed in one morning.
11. To help us serve you better, please keep to the appointment time.