

HEALTH EVALUATION PACKAGES

Men's Fertility Evaluation – \$140

The main indication of male's infertility is the inability to conceive. There are signs and symptoms linked with male infertility, example: problems with ejaculation and small volumes of fluid ejaculated, erectile dysfunction, absence or low levels of sperm, or abnormal shape and motility, blockages that prevent the delivery of sperm and hormonal disorders.

If you and your partner have been unable to conceive a child after a year of regular, unprotected intercourse or sooner if you have any of the above symptoms, you should consult the doctor.

Health package includes:

- Specialist doctor consultation
- Laboratory Test: Semen analysis

Couple's Fertility Evaluation - \$400

Infertility in women may be caused by a range of abnormalities of the ovaries, uterus, fallopian tubes, and the endocrine system causing the imbalance of reproductive hormones. Female infertility causes can be difficult to diagnose.

Evaluation is advisable if you have a history of irregular or painful periods, pelvic inflammatory disease, repeated miscarriages, or endometriosis.

If you and your partner have been unable to conceive a child after a year of regular, unprotected intercourse or sooner if you have any of the above symptoms, you should consult the doctor.

Health package includes:

- Specialist doctor consultation for the couple
- Laboratory Test:
 - Semen analysis (Husband)
 - Anti-mullerian hormone (AMH) (Wife)
 - Follicle-stimulating hormone (FSH) (Wife)
 - Ultrasound pelvis scan (Wife)

Men's Vitality Evaluation - \$240

Testosterone deficiency generally affects older men and younger men can also be affected for varied reasons. Testosterone plays an important role in a man's sex drive, muscle mass, mental and physical energy.

If you are experiencing mood changes such as irritability or depression, fatigue, increase body fat, loss of (muscle) mass and decrease in muscle strength, muscle aches, unable to concentrate, reduced libido, lack of morning erections or less rigid erections, decreased volume of ejaculate, and infertility. Consult a doctor for a health evaluation.

Health package includes:

- Specialist doctor consultation
- BP measurement
- ADAM questionnaire
- Height/Weight & BMI measurement
- Laboratory Test:
 - Follicle-stimulating hormone (FSH)/Luteinising hormone (LH)
 - Prostate-specific antigen (PSA)
 - Fasting glucose
 - Fasting lipids

Prostate Health Evaluation - \$600

If you are experiencing trouble to urinate or frequent urination, especially at night, the bladder does not empty completely after urine, these are some signs that you have an enlarged prostate. It is important to consult your doctor if you have early symptoms of Benign prostatic hyperplasia (BPH).

Health package includes:

- Specialist doctor consultation
- IPSS questionnaire
- Laboratory Test:
 - Urine full examination, Microscopic examination (FEME)
 - Prostate-specific antigen (PSA) test
 - Procedures:
 - Uroflowmetry
 - Ultrasound (Bladder & Prostate)

Bladder & Kidney Health Evaluation - \$368

We need healthy kidneys to remove wastes and excess fluid from the blood, while healthy bladder to release waste & toxins from our body. Most of the early kidney & bladder diseases display no symptoms, however, it is easy for the doctor to detect it. Consult our doctor for a health evaluation today.

Health package includes:

- Specialist doctor consultation
- Medical history & assessment
- Bladder Scan
- Ultrasound (Bladder & Kidney)
- Uroflowmetry
- Renal function study
 - Urea
 - Creatine
 - Chloride
 - Bicarbonate
 - Urine FEME
 - Urine microalbumin/Creatine ratio
 - Sodium
 - Potassium
 - eGFR.